Gezeiten Haus

PRIVATE HOSPITALS · 350 EMPLOYEES

Over 166,000 records cleaned up, without touching clinical work

How the Gezeiten Haus group strengthened data security across every clinic site: find security-relevant content and remove it before it becomes a risk.

>166,000	>1,300	99%	3
RECORDS CLEANED UP	WORKING DAYS SAVED	FASTER DELETION WORKFLOWS	CLINIC SITES

Gezeiten Haus is a private clinic group for integrative psychosomatics and traditional Chinese medicine. Since the first clinic opened in Bonn-Bad Godesberg in 2004, the group has grown to three sites in Bonn, Wesseling and Oberhausen. Around 350 employees treat adults, and children and young people from the age of 12, as inpatients and day patients.

Hospitals hold highly sensitive data and are an attractive target for cybercriminals. The group uses Data & More to find security-relevant content in unstructured sources and reduce how much of it there is. What is no longer in the organisation cannot be encrypted or stolen in an attack.

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Protecting personal data is one of our most important administrative tasks. With Data & More we can see what we no longer need, and remove it simply and quickly.

KAI GRUNDMANN · MANAGING DIRECTOR, GEZEITEN HAUS GRUPPE

IN SHORT

Customer	Gezeiten Haus Gruppe, a private clinic group for integrative psychosomatics and traditional Chinese medicine
Industry	Healthcare, three sites in Bonn, Wesseling and Oberhausen, around 350 employees
Challenge	Highly sensitive treatment data in email, on network drives and in folders that grew over time, with no complete overview
Solution	Data & More detects security-relevant and personal content, and staff remove what is no longer needed
Result	More than 166,000 records cleaned up, over 1,300 working days saved, and 99% faster deletion workflows
Quoted	Kai Grundmann, Managing Director, Gezeiten Haus Gruppe GmbH

01 · THE DATA

A diagnosis is not a customer number

A data leak at a psychosomatic hospital is a different kind of event from most industries. This is not customer numbers or order history. It is diagnoses, the course of therapy and trauma biographies: information many people would not share even with those closest to them.

Confidentiality is part of treatment	Therapeutic work depends on patients being able to speak openly. A privacy incident does more than harm the hospital's reputation. It can undermine the therapy itself.
Admission alone is sensitive	The mere fact that someone was admitted to a psychosomatic clinic can have consequences for them. A leak does not need the contents of a file to cause harm.
Maximum leverage for extortion	With this data, attackers put pressure on the institution and on the patients themselves. That is what makes health data so valuable on the markets where it is traded.
More than patient data	HR records, applications, contracts, credentials and configuration files add to the potential damage.

02 · THE CHALLENGE

Old files, current risk

Hospitals have been preferred targets of ransomware and data-theft attacks for years. The data is valuable, and the pressure to pay is correspondingly high. Alongside how well the systems are protected, the group also had to ask how much of this especially critical data was potentially exposed.

They needed a solution that makes risk in unstructured data visible, reduces it in a way that can be demonstrated, and does not place an extraordinary burden on clinical work.

Unstructured and unknown data	Credentials, configuration files, contracts, HR records and treatment documents sit in email, on network drives and in folder structures that grew over time. Nobody may know exactly what is there. An attacker who gets in will.
Old data, current risk	Files nobody has opened for years raise the damage and the extortion potential in an incident, without being of any use in daily operations.
Regulatory pressure	Germany's NIS2 implementation act has applied since 6 December 2025, with no transition period. Separately, section 391 of Social Code Book V requires hospitals to bring their IT security up to the state of the art at least every two years.
Security without extra load	Doctors, therapists and nurses need to work securely without spending time that should go to patient care.

03 · THE CHOICE

Data minimisation as a security measure

Every record removed is a record that cannot be encrypted, published or used for extortion in an incident. The person who knows the content decides what to delete, with no detour through IT and no training programme.

Visibility	For the first time, a complete view of where security-critical and sensitive content actually sits, across every connected system.
Automation	Security-relevant and personal content is detected and marked automatically, including in unstructured formats.

Simple connection	Little configuration work to connect Microsoft 365.
Evidence	Documented progress that can be used in security reviews, audits and with insurers.
Scale and data sovereignty	Operation across sites without a performance penalty, in an environment that meets the requirements for health data.

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KAI GRUNDMANN

04 · THE RESULT

A smaller attack surface, clinical work untouched

Gezeiten Haus improved its data-protection approach and reduced part of its attack surface. With little administrative effort, no training, and no disruption to clinical work.

Continuous review	Unstructured data is checked continuously for security-relevant and sensitive content.
A report for every employee	Each person gets their own report so they can remove data that is no longer needed.
Dashboards for IT and information security	Anonymised real-time dashboards measure the remaining attack surface across every site.
Evidence	Documented proof for security reviews, internal audits and questions from insurers.
State of the art	Regular updates keep detection aligned with the state of the art.

That leaves more time for what the Gezeiten Haus clinics are actually there to do: supporting people in crisis, individually, professionally and in a way that lasts.

Want to see what Data & More can do for your data? Book a free review.

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